

Places To Go & Things To Do

NAMI DeKalb is hosting Family-to-Family, a FREE 12-week course for family members of individuals with a serious mental health condition. The course is taught by trained family members and focuses on schizophrenia, bipolar disorder, major depression, panic disorder, borderline personality disorder, posttraumatic stress disorder and obsessive-compulsive disorder. **Education program offered year-round and in several locations, starting soon. Contact Dianne Hiltman at namidiannahiltman@gmail.com or 678-468-9430.**

Beat the end of Summer blues by playing with kickball with GO this Fall! GO Kickball combines the fun-for-all sport of kickball with social networking to create a enjoyable way for adults to meet new people, socialize with friends & colleagues, and stay active in a comfortable, non-intimidating atmosphere. **Registration for Fall opens July 12th through August 27th. Visit GoKickball.com for more info.**

Seven Week Sermon Series "7 Words We Don't Use in Church" July 15th through August 26th, Worship at 10:30am with Open Communion. **First Christian Church of Decatur, 601 W. Ponce de Leon Ave., Decatur, GA 30030. 404-378-3621 fccdecatur@gmail.com**

ART Station has just announced its 2018/2019 new theatre season. The season includes five shows and may be purchased in a 5 show, 4 show or 3 show package. Packages are sold at reduced amounts much lower than purchasing a single ticket. **The season includes: "A Broadway Christmas Carol," "Spit Like A Big Girl," "Love and Money," "Burlesque Revolution," and "Tenderly: The Rosemary Clooney Musical."** ART Station will also present «Lewis Grizzard: In His Own Words.» in a production not included in the season. **For ticket packages or information visit the web site at www.artstation.org or call 770 469 1105.**

"Scribblers" a group of Christian authors and writers **meets every third Thursday**, (August 16th is next meeting) at "The Crossings" Restaurant in Norcross from 6:00 PM - 9:00 PM. If you are a writer (published, liked to be published, or just interested) Join us for one of our meetings. **Call Charles at 772-584-1578 for information.**

Are You Financial Fit? Learn time-tested principles that can build unshakable financial security and reduce family conflict around money. This 9-hr. workshop will teach you all **three aspects of personal finance: defense, offense, and playing field.** Learn the simple, easy-to-apply principles that can help you shore up your resources, get out of debt, and build stability for a more secure future. **To register call Center for Dispute Solutions 404-991-0072 or email drrickv@centerfordisputesolutions.com**

SAVE THE DATE! Oct.6-7, 2018, for LAKEFEST, two days of art, live music, great food and family friendly fun on the shores of beautiful Pine Lake, Georgia. Featuring handmade arts and crafts, a Floatzilla! water parade, chalk art and sandcastle contests, and The Marching Abominables leading our pet parade. **Admission and parking are free. For information: pinelakefest.com**

2018 Tucker Cruise-In is a non-profit, old-fashioned town meet and greet car cruise-in located in Tucker, Georgia. There are a wide variety of cars, trucks and motorcycles ranging from antiques to street rods and imports participating. **The Cruise-Ins are held on the 2nd Saturday of every month beginning in April and ending in September.** The fun begins at 5:00 p.m. and ends with the presentation of awards around 8:00 p.m. There is a nominal \$5.00 registration fee for each vehicle entered. Vehicles must be registered by 6:30 p.m. to be eligible for judging. **May Big Block Sponsor: Shubert Paints, Bill Head, & Tucker Chevron.**

FREE EFT TAPPING CIRCLE. NEW 2018 DATES AND TIMES: 7/21, 9/15, 11/3 SATURDAYS 11 AM-12:30 PM, Sage Center, 2849-B Henderson Mill Road, Atlanta GA 30341. EFT is fast and effective at reducing anxiety, stress, anger, phobias, pain and more. Everyone is welcome. For more EFT information and events, please visit MelissaLesterOlson.com and MattWagnerLPC.com.

Wealthy Habits camps are designed to empower students (ages 11+) with the tools and knowledge necessary to make smart financial decisions! Camps are fun and create a lasting impact on student's thoughts about money that both students and parents will love! **To register visit: www.WealthyHabits.org. Coupon Code: WHHOME for 10% off**

MEMOIR WRITING WORKSHOP Have you always wanted to write a memoir about your life but struggled with structure? Come socialize with likeminded folks at Downtown Sandwich Shoppe in Duluth and work one-on-one with an experienced editor! For more details on upcoming events, visit meetup.com/supportedsuccess or contact the organizer (Abigail Davis) at **770.864.2124**

Healing After "I Don't"--Divorce Support Group If you are considering, in the middle of, or have experienced divorce and would like to start the process of healing, please contact Lisa Wilson, facilitator and Sage Center Counselor at lisywilsonlapc@gmail.com or **678-902-5472**. Meetings are held on the **1st and 3rd Thursdays from 7:00 pm – 8:30 pm** and the **2nd and 4th Saturdays from 11:30 am – 1:00 pm**. Cost: \$20/session. To learn more about Sage Center's services, go to www.SageCenterAtlanta.com.

NAMI DeKalb is hosting Connections (Peer) Support Groups for those living with mental health conditions, and Family Support Groups for family members. **Please join us at any of our free support groups; times and locations on our website: www.namidekalb.com.**

VOLUNTEERS NEEDED: Jewish Family & Career Services' One Good Deed Program is looking for caring, compassionate individuals to visit twice a month with older adults. One Good Deed volunteers help their older friend with simple tasks, running errands, having lunch or simply visiting, to **create a bond that impacts both the volunteer and their older adult in ways that can't be measured!** For more information, visit www.jfcsatl.org/onegooddeed or call **Sharon at 404-274-2431**.

JOB NETWORK. Are you unemployed and searching for a job, or anticipating a job change? We have a team in place to help you define your skills, to give opportunities for you to hear job search techniques, and to broaden your network of contacts. We meet at **Parkview Church**, located at 4875 Lilburn-Stone Mountain Rd., Lilburn, on the **first Saturday of each month, from 9:00-10:30am.** **For more information, call Crayton at 404-697-7547.**

HALCYON HOSPICE hosts a Bereavement Support Group -- This is a place where you can be with others processing through grief, each feeling for the other and supporting each other. Just come as you wish ~ we're here for you. Please meet us at Arbor Terrace, 425 Winn Way, Decatur, GA 30030 In the Sunroom~2nd Floor on the Last Thursday of Each Month 10am-11:30am. For additional information contact Melvin Bell at 404-801-6935

WE LOVE OUR VOLUNTEERS: Halcyon Hospice is looking for compassionate and caring people looking to enrich the lives of hospice patients and their families. Our volunteer provide companionship, music and pet therapy, caregiver relief etc. For more information please contact our Volunteer Coordinator, Terry Preston at 678-651-1440.

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Become a Mediator Have you ever thought about being a professional mediator? Do you have natural skills helping people through difficult situations? Become a registered mediator for the State of Georgia. **Enter the exciting career of mediation by attending the next Georgia Approved 40 hr training class. Call Dr. Rick Voyles at 404-991-0072 or visit www.centerfordisputesolutions.com/calendar/**

Joe Evans Respite Care Center...Are you tired? Do you need some help with your senior adult? Come take a look at our center! We are open from 10am thru 3 pm Tuesdays thru Thursdays. \$30 per day including morning snack and hot lunch. **Call us! Helen Wilborn, Director 404-317-0613 or hwilborn@eastminster.us. www.eastminster.us**

OVER 55? Join **Lifespan Resources**. Got four hours to give? Take an elder to the doctor. Become an **MET volunteer driver** and exercise your heart. Still learning? Fun in the Session has classes on travel, history, authors and technology. Sign up for **Lifespan Academy** and exercise your brain. All about us at **lifespanatlanta.org**. Call 404-237-7307.

DANCE * MUSIC * THEATRE * ART -- *Academy of Arts - Smoke Rise Baptist*, 5901 Hugh Howell Road in Stone Mountain. www.smokerisebaptist.org/arts 678-533-0562 artsacademy@smokerisebaptist.org

Become an AARP Driver Safety Course Instructor! As a volunteer instructor you will organize and teach Driver Safety courses at community centers, libraries, hospitals or senior centers. **All teaching materials and resources will be provided.** Feel good in helping to build communities of safe drivers. To volunteer as instructor or find a class near you please visit **<http://www.aarp.org/drive>**.

THE STEPPING STONE...<http://thestepingstonemoooddisordersinfo.com> - compiles information on mood disorders in an accessible, comprehensive way. Teens whose mood disorders are just beginning to develop often go undiagnosed due to lack of information. It explores: • *Symptoms and treatments of mood disorders (depression, bipolar disorder, and Seasonal Affective Disorder)* • *Importance of a diagnosis* • *Coping strategies* • *Development of mood disorder* • *Suicide* Also included are personal stories of struggle and improvement with mood disorders in order to spread hope that things get better. **If you are interested in sharing yours, contact mentalhealthhelp.stories@gmail.com**