

Places To Go & Things To Do

NAMI DeKalb is hosting Family-to-Family a FREE 12-week course for family caregivers of individuals with serious mental health condition. The course is taught by trained family members and focuses on schizophrenia, bipolar disorder, major depression, panic disorder, borderline personality disorder, posttraumatic stress disorder and obsessive-compulsive disorder. Education program starts Thursday evenings, March 22nd 2018 through May 2018, 6:00 PM through 8:30 PM. Contact Dianne at namidiannehiltman@gmail.com or 678-468-9430 www.namidekalb.com

Once More, With Feeling: Pursuing Our Passions -- Listening and sharing stories of our lives and community. Thursdays in March 2018 -- Dinner at 6 pm; Program 6:30 pm - 7:45 pm (RSVP for dinner to fcdecatur@gmail.com by Wed.)

Arts and Crafts for Children -- *March 1* The Arts: Our Passion for Worship, *March 8* Justice: Our Passion for Service, *March 15* Narratives: Our Passion for Living Out Loud. For additional information 478-374-3629. First Christian Church of Decatur, 601 W. Ponce de Leon Ave., Decatur GA 30030.

VOICES OF SPRING! Welcome springtime with the *beautiful choral sound of Atlanta Young Singers*. Their program of classical, popular, and ethnic music will delight your ears and inspire your soul. **SUNDAY APRIL 15TH AT 2 P.M. SHEARITH ISRAEL 1180 UNIVERSITY DR.** Admission \$5 Value: Priceless

Wealthy Habits camps are designed to empower students (ages 11+) with the tools and knowledge necessary to make smart financial decisions! Camps are fun and create a lasting impact on student's thoughts about money that both students and parents will love! **To register visit: www.WealthyHabits.org. Coupon Code: WHHOME for 10% off**

Cold weather got you down? Well don't fret because Spring is on it's way! **Play with GO Kickball this Spring and enjoy the beautiful weather while socializing** with old and new friends over a fun game of kickball, then after visit your league bar and kick it with a cold drink and tasty specials! **Registration is open until 3/12. Visit GoKickball.com to register.**

"Scribblers" a group of Christian authors and writers **meets every third Thursday**, (March 15th is next meeting) at "The Crossings" Restaurant in Norcross from 6:00 PM - 9:00 PM. If you are a writer (published, liked to be published, or just interested) Join us for one of our meetings. **Call Charles at 772-584-1578 for information.**

FREE EFT TAPPING CIRCLE. NEW 2018 DATES AND TIMES: 3/17, 5/5, 7/21, 9/15, 11/3 **SATURDAYS 11 AM-12:30 PM**, Sage Center, 2849-B Henderson Mill Road, Atlanta GA 30341. EFT is fast and effective at reducing anxiety, stress, anger, phobias, pain and more. Everyone is welcome. For more EFT information and events, please visit MelissaLesterOlson.com and MattWagnerLPC.com.

In today's competitive society we begin to devalue ourselves, desire what others have and lose sight of who God has called us to be. Join us on **April 7th at 11 am** for **'Polish your crown' women's conference**. Learn to appreciate the woman God has called you to be. **Tickets and virtual seats available at bit.ly/polishyourcrown.**

MEMOIR WRITING WORKSHOP Have you always wanted to write a memoir about your life but struggled with structure? Come socialize with likeminded folks at Downtown Sandwich Shoppe in Duluth and work one-on-one with an experienced editor! For more details on upcoming events, visit meetup.com/supportedsuccess or contact the organizer (Abigail Davis) at **770.864.2124**

ART Station's 22nd Annual Raising of the Green Fundraiser -- Saturday, March 17th at 6pm. Tickets \$20 in Advance, \$25 at the door. Live & Silent Auctions & Raffle. Sample the best from many of the Fine Restaurants in and around Stone Mountain Village. Complimentary Green Beer, Call 770-469-1105 or visit www.artstation.org for tickets.

ART Station Presents, Evening With Patsy Cline -- April 5-15 -- Experience a theatrical concert of country music pioneer, Patsy Cline, as performed by Georgia singer Michelle Martin. Martin has appeared as Cline all over the country. Cline is recognized as one of music's most influential voices, with hits such as "Walkin' After Midnight," "I Fall to Pieces," and the iconic, "Crazy." Come enjoy these and more! Call 770-469-1105 or visit www.artstation.org for tickets.

Healing After "I Don't"--Divorce Support Group -- If you are considering, in the middle of, or have experienced divorce and would like to start the process of healing, please contact Lisa Wilson, facilitator and Sage Center Counselor at lisaywilsonlape@gmail.com or **678-902-5472**. Meetings are held on the **1st and 3rd Thursdays from 7:00 pm - 8:30 pm** and the **2nd and 4th Saturdays from 11:30 am - 1:00 pm**. Cost: \$20/session. To learn more about Sage Center's services, go to www.SageCenterAtlanta.com.

NAMI American Sign Language Support Group: Are you seeking a **Free Mental Health Support Group?** NAMI is here for you! This group is FREE for people living with depression, bipolar disorder, PTSD, anxiety, schizophrenia, and other disorders. Our meetings offer a structured group process led by trained facilitators designed to encourage, support, and empower. **Open to all deaf and hard of hearing persons 18 and over with mental illness.** Time: 5-6:30 pm. Location: GA Center of the Deaf and Hard of Hearing 4151 Memorial Drive Suite 103 B (Community Meeting) Decatur GA 30082. **Contact: deannanami@gmail.com/404-994-6500 (videophone).** No registration needed. NAMI DeKalb www.namidekalb.com Find more about us on Facebook and Twitter.

Open to all young adults (18+) with a mental health condition. You can attend a **FREE weekly support group** with NAMI. This group is for people living with depression, OCD, eating disorders, bipolar disorder, anxiety, schizophrenia, and other disorders. Our meetings offer a structured group process led by trained facilitators designed to encourage, support, and empower. **Thursdays 7:00 pm - 8:00 pm, Location:** First Christian Church of Atlanta, 4532 Lavista Rd, Tucker, GA 30084 **For more information contact:** Joanna joannajungerman@gmail.com or 530-691-1453. No registration needed. **NAMI DeKalb** www.namidekalb.com Find more about us on Facebook and Twitter.

VOLUNTEERS NEEDED: *Jewish Family & Career Services'* **One Good Deed Program** is looking for caring, compassionate individuals to visit twice a month with older adults. One Good Deed volunteers help their older friend with simple tasks, running errands, having lunch or simply visiting, to **create a bond that impacts both the volunteer and their older adult in ways that can't be measured!** For more information, visit www.jfcsatl.org/onegooddeed or call **Sharon at 404-274-2431**.

JOB NETWORK. Are you unemployed and searching for a job, or anticipating a job change? We have a team in place to help you define your skills, to give opportunities for you to hear job search techniques, and to broaden your network of contacts. We meet at **Parkview Church**, located at 4875 Lilburn-Stone Mountain Rd., Lilburn, on the **first Saturday of each month, from 9:00-10:30am**. **For more information, call Crayton at 404-697-7547.**

HALCYON HOSPICE hosts a Bereavement Support Group This is a place where you can be with others processing through grief, each feeling for the other and supporting each other. Just come as you wish ~ we're here for you. Please meet us at Arbor Terrace, 425 Winn Way, Decatur, GA 30030 In the Sunroom~2nd Floor on the Last Thursday of Each Month 10am-11:30am. For additional information contact Melvin Bell at 404-801-6935

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WE LOVE OUR VOLUNTEERS: Halcyon Hospice is looking for compassionate and caring people looking to enrich the lives of hospice patients and their families. Our volunteer provide companionship, music and pet therapy, caregiver relief etc. For more information please contact our Volunteer Coordinator, Terry Preston at 678-651-1440.

National Alliance on Mental Illness DeKalb Family Support Group meetings are a 90-minute weekly support group for people whose family member or friend lives with mental illness. Trained facilitators promote encouragement, support, and understanding. Held 1st Tuesdays 5:30-7:00 p.m. at Lithonia-Davidson Library 6821 Church Street, Lithonia, GA 30058. Contact Pam at 404-626-2938 orpams@changingthecycle.org. For more information connect with www.namidekalb.com or follow us on Facebook and Twitter.

Become a Mediator -- Have you ever thought about being a professional mediator? Do you have natural skills helping people through difficult situations? Become a registered mediator for the State of Georgia. **Enter the exciting career of mediation by attending the next Georgia Approved 40 hr training class. Online webinar mediation training also available. Call Dr. Rick Voyles at 404-991-0072 or visit www.centerfordisputesolutions.com/calendar/.**

Joe Evans Respite Care Center...Are you tired? Do you need some help with your senior adult? Come take a look at our center! We are open from 10am thru 3 pm Tuesdays thru Thursdays. \$30 per day including morning snack and hot lunch. **Call us! Helen Wilborn, Director 404-317-0613** or hwilborn@eastminster.us. www.eastminster.us

TRANSFORMING LOSS AND GRIEF -- When: Every 2nd and 4th Thursday from 6:30 - 8 pm. Where: First Christian Church of Decatur, 601 W. Ponce de Leon Avenue, Decatur Georgia 30030. (404) 378-3621 ext. 225 Purpose: A gathering of community of those seeking support in their journey toward acceptance of loss and Grief. Open to the public. No fee. Facilitator: Rev. Dr. Barbara Sims-King, LPC

OVER 55? Join **Lifespan Resources**. Got four hours to give? Take an elder to the doctor. Become an **MET volunteer driver** and exercise your heart. Still learning? Fun in the Session has classes on travel, history, authors and technology. Sign up for **Lifespan Academy** and exercise your brain. All about us at **lifespanatlanta.org**. Call 404-237-7307.

DANCE * MUSIC * THEATRE * ART -- *Academy of Arts - Smoke Rise Baptist* 5901 Hugh Howell Road in Stone Mountain **www.smokerisebaptist.org/arts** 678-533-0562 **artsacademy@smokerisebaptist.org**

Become an AARP Driver Safety Course Instructor! As a volunteer instructor you will organize and teach Driver Safety courses at community centers, libraries, hospitals or senior centers. **All teaching materials and resources will be provided.** Feel good in helping to build communities of safe drivers. To volunteer as instructor or find a class near you please visit **<http://www.aarp.org/drive>**.